

# Adult Children of Alcoholics/Dysfunctional Families (ACA)



www.adultchildren.org

Adult Children of Alcoholics/Dysfunctional Families is an anonymous Twelve Step, Twelve Tradition program of women and men who grew up in an alcoholic or otherwise dysfunctional homes. We meet with each other in a mutually respectful, safe environment and acknowledge our common experiences. We discover how childhood affected us in the past and influences us in the present. We take positive action by practicing the Twelve Steps, focusing on The Solution, and accepting a loving Higher Power of our understanding. We find freedom from the past and a way to improve our lives today.

## Palm Beach & Martin County meetings as of 5/15/18

Sunday

### **Sunday 9:00 - 10:00 am**

#### ***Becoming Your Own Loving Parent (FL-159)***

North Killian Professional Building (Room 105)  
1408 N. Killian Drive, Lake Park, FL 33403  
Contact: Jay B 561-846-1294 / jaybthrvin15@gmail.com

Monday

### **Monday 5:30 - 6:30 pm**

#### ***ACA Safe Harbor Group (FL-176)***

Cross Roads Club (Room B)  
1700 Lake Ida Road, Delray Beach, FL 33444  
Contact: Jim 203-952-5256 / walkspoiled@gmail.com

### **Monday 5:45 - 6:45 pm**

#### ***Treasure Coast ACA (FL-236)***

St. Mary's Episcopal Church  
623 SE Ocean Blvd, Stuart, FL 34994  
Contact: Jim C 772-631-8314 / javacoffey@gmail.com

### **Monday 6:30 - 7:30 pm**

#### ***ACA Monday Night Step Study (FL-154)***

Hanley Resource Center  
933 45th Street, West Palm Beach, FL 33407  
Contact: Ken 561-308-7580 / kensskywagon@gmail.com

Tuesday

### **Tuesday 12:00 - 1:00 pm**

#### ***What About That Laundry List? (FL-254)***

Limitless Potential  
351 South US Hwy #1, Suite 100, Jupiter, FL 33477  
(South of Indiantown Rd on east side of US#1. Behind "A Suite Salon." Parking on east side of plaza)  
Contact: Andy 516-359-9733 / A457@aol.com

### **Tuesday 5:45 - 6:45 pm**

#### ***Palm Beach Gardens Women's ACA (FL-230)***

Gardens Presbyterian Church  
4677 Hood Rd, Palm Beach Gardens, FL 33410  
Contact: Gina M 561-312-5504 / gmeyerson@hotmail.com

Wednesday

### **Wednesday 7:15 - 8:15 pm**

#### ***Palm Beach Gardens Men's ACA (FL-174)***

Gardens Presbyterian Church  
4677 Hood Road, Palm Beach Gardens, FL 33410  
Contact: Jim A 561-346-0624 / jimathy3@yahoo.com

### **Wednesday 7:45 - 8:45 pm**

#### ***ACA Big Red Book Study (FL-253)***

Caron Renaissance (Room 122)  
7789 NW Beacon Square Blvd, Boca Raton, FL 33487  
Enter through the east entrance, last door of the building.  
Contact: Rita 561-596-9330 / ritagelina@hotmail.com

Thursday

### **Thursday 6:00 - 7:00 pm**

#### ***There Is a Solution (FL-152)***

First Unitarian Universalist Church  
(Meeting room is across the driveway from the church. First set of steps closest to Prosperity Farms Rd)  
635 Prosperity Farms Road, North Palm Beach, FL 33408  
Contact: Kathy A 561-236-4298 / kathyandio@yahoo.com

### **Thursday 7:00 - 8:00 pm**

#### ***From Hurting to Healing to Helping (FL-166)***

Beliver's Victory Church (SE corner 10th Ave N)  
918 N Lakeside Drive, Lake Worth, FL 33460  
Contact: Madlyn 561-420-9913 / madlynmckendry@gmail.com

Friday

### **Friday 10:30-11:30 am**

#### ***Women's Big Red Book Study***

Tropical Sands Church (Log Cabin)  
2726 Burns Rd, Palm Beach Gardens 33410  
Contact: Sarah 561-596-7478 / sarah@x1law.com

### **Friday 6:00 - 7:00 pm**

#### ***Fearless Fridays (FL-164)***

North Killian Professional Building (Room 105)  
1408 N. Killian Drive, Lake Park, FL 33403  
Contact: Jay 561-846-1294 / jaybthrvin15@gmail.com

### **Friday 7:00 - 8:00 pm**

#### ***The Friday Night Group (FL-221)***

Lakeview Baptist Church  
2599 N Swinton Ave, Delray Beach, FL 33444  
Contact: Charlie 561-523-1900 / charblba5@aol.com

Saturday

### **Saturday 10:30 - 11:30 am**

#### ***From Surviving to Thriving (FL-170)***

Church of the Cross (off Prosperity Farms Road)  
2575 Lone Pine Road, Palm Beach Gardens, FL 33410  
Contact: Tracy G 561-310-6040 / tracygreenkw@gmail.com

### **Saturday 4:00 - 5:00 pm**

#### ***Saturday's Child (FL-204)***

Palms West Plaza (Billy Bob's Club)  
14577 Southern Blvd, Loxahatchee 33470  
Contact: Beth 561-386-4622 / beth11son@gmail.com

Info

Website: [www.seflaca.org](http://www.seflaca.org)  
ACA literature available at meetings or  
ACA World Service Office (WSO)

Please send updates or changes for this meeting list to:  
Kathy A. 561-236-4298 / kathyandio@yahoo.com  
Meeting contacts provided are for ACA related information only.